

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

Volume III

October, 1954

No. 7

To the Beloved Spirit of Freedom:

GREETINGS! BLESSINGS! from the hearts of Those of Us who live but to loose that same Spirit through the hearts of all mankind, embodied Angels, and imprisoned elemental life on the planet Earth and abiding in its atmosphere.

The desire for Freedom is inherent in all life. Even the smallest seedling will burst asunder a great rock to develop and mature its plan as shrub or tree. Within the soul lies the Divine Image of God which will, with greater power than the nature kingdom can evoke, assert the Spirit of Freedom and manifest itself through the outer man. It is to nourish, develop and mature this Spirit of Freedom that The Great White Brotherhood abides yet in the atmosphere of Earth and in close proximity to the consciousness of those who aspire to Freedom.

In commemoration of the desire in the heart of Our Beloved Brother, Saint Germain, to establish on Earth a brotherhood of spiritual affinity among Angels, men and elementals, We dedicate this issue of The Bridge to Freedom to HIM, to the beloved Americas which He did so much to develop and to the friends of Freedom throughout the world who are working with Him toward the establishment of the Kingdom of God on Earth in this day.

THOMAS PRINTZ, *Editor*

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Address by
BELOVED SAINT GERMAIN

Havana, Cuba, January, 1954

It seems but yesterday that I trod the uneven boards that comprised the deck of the Santa Maria—looking at the horizon that would not yield a shore line.

Long after the "hands" had retired at night did I pace that deck, with the taste of salt sea-spray upon my lips, as My eyes endeavored to fashion out of the clouds—out of the heaving billows—out of fancy—a land that I was as sure existed as I was sure that I had hands of flesh and feet that balanced against the roll of the sea that I might stand erect. Yet, the spirit within Me wearied as the days passed into weeks and the calculations I had made so carefully did not yield the achievement of the goal toward which I had set My consciousness. Into this enterprise I had woven the reluctant energies of men of vision who, believing in my purpose, chose to forego the security and safety of the known European Continent and, against the prejudice and ignorance of that day, ventured forth upon *My word*.

It is not a pleasurable experience to engage the life interests and the bodily safety of men and then, in the darkness of the night, upon a chartless sea, question your *own* faith, knowing that not only your own but the well-being and salvation of others depended upon the accuracy of your perception.

Can you believe the power that lies within a vision before it becomes an accepted fact? Do you know what it is to thrill to that vision before the substance of the appearance world has yielded proof of its reality?

All this has long since passed for Me, but you, again, are weaving your life energies into a vision of a free people. You, too, are on the uncharted spiritual seas, engaged on a high adventure, with sails unfurled and vision set toward an unknown shore. You have felt the exhilaration that precedes a new journey. You have felt the despondency and uncertainty that is so characteristic of the unascended consciousness which clings so tenaciously to form.

To you I bring the conviction of My own faith in My vision, for one day the horizon *did* yield land and one day a green island swam before My misted eyes. One day the sun reflected on the waving palms. One day the land birds flew over the salt encrusted masts. One day my heart leapt to find my vision fact and at the

(Continued on page 22)

The Homes and Retreats of The Masters of Wisdom
THE ASCENSION TEMPLE AT LUXOR

From October 15th through November 14th, 1954

In the land of Egypt, along the banks of the Nile River, there exists the focus of The Great White Brotherhood dedicated to preserving the Cosmic Flame of the Ascension which is the WAY BACK HOME for every lifestream determined in itself to make things right before the Cosmic law and to complete the portion of the Divine Plan for which incarnation, sustained self-conscious being, and preservation of identity has been effected.

The Ascension Temple at Luxor sustains the pulsation of the Ascension Flame in the atmosphere of Earth. This Flame is utilized freely by the nature kingdom in the resurrection of each successive springtime. The few members of the human race who awaken in each century to the desire to complete their cycles of incarnation become the responsibility of the Brotherhood.

When a man, in himself, desires to know the reason for his own being and desires to cooperate with the Will of God, he comes to the threshold of the Ascension Temple in consciousness. To graduate from the Earth plane and remove oneself from the wheel of birth and death, the individual must first determine within himself to complete his individual service to life, purify the energies he has used so prolifically through aeons of living and prepare himself for self-conscious, awakened being in a realm where no discord, inharmony, imperfection or limitation exists. Thus he must become *incapable* of generating discord through his own consciousness, his thought and feeling self. Only in such a manner can he qualify for entrance into the Kingdom of Harmony.

Individuals who have come to a place of spiritual maturity and who wish to serve with the Father Who has created and sustained them through the centuries are given opportunities without limit to "serve the purpose through of that which made them men." Such opportunities, under the new dispensation, come in the ordinary life experience of daily living. These opportunities follow the pattern of the created initiations which are provided for the neophyte at Luxor. Because the "glamour" of the Retreat is not apparent in daily living, many worthy individuals who have applied for the disciplines, purifications

To this end have We remained, many of Us, prisoners of love upon this dark star. Your names are written in the Book of Life. You are among those whom the Lords of Karma chose previous to your incarnation as possible candidates to pass into the Ascended Master Octave at the close of an Earth life. For this reason have you been given extraordinary opportunity in contact with the Ascended Master Brotherhood, that you might "make things right" in your individual worlds, that you might in service—cooperative and individual—render the balance to life required to cut and sever forever the necessity for reincarnation.

Let us IMMEDIATELY and FOREVER remove from the consciousness the feeling and the attitude that service is such a magnificent gift of your life to the Universe. *It is rather an OPPORTUNITY* given you individually so that you may be set free. You have been especially chosen. Across the bosom of your etheric body has been written by the Brotherhood of the Ascension these very words—"Candidate for the Ascension, within the course of an Earth life." You have been given a Sponsor Who throughout this Earth life has stimulated within your outer consciousness and feelings the desire to know Truth. This Sponsor has loosened your consciousness from the mass mind, from the orthodox channels, has encouraged you to seek the spiritual law in occult knowledge and to get even a smattering of understanding of the work of the Spiritual Hierarchy.

WHY!! In order that through the energies of your being voluntarily consecrated to setting life free, you might earn the privilege of wiping the dust of Earth from your feet, FACING your Source and hearing that great clarion call which comes at a cosmic moment to every man. Then entering into the glory of your God-free body, standing in the Sphere with those you love, you serve the Universe in light, harmony and beauty throughout all eternity! Would that I might convey to the consciousness of mankind the happiness of the Ascended Master Octave! Would that you might feel within yourselves for an instant the joy of that freedom from those sense-bound bodies that you wear! Nothing no service, no discipline—would ever be a pall upon you as you faced that glorious goal.

I Am dedicated to see that you pass through the fires of purification and that you who have applied for the opportunity of gaining the Ascension might preserve unto that victory!

Let Me again give you the story of your entrance into Luxor. You have all been there. We are heart-friends of many ages.

Few times have I left the Retreat at Luxor. Few times have I taken incarnation outside of the sacred land of Egypt.

Within the heart of the Ascension Temple at Luxor is a magnetic power of the Sacred Fire which draws within the compass of that Retreat, (either in the finer inner bodies or, on rare occasions when the individual is very developed, within the flesh) those who have the possibility within the lifestream to attain the Ascension within the compass of an Earth life. No other individual even enters within the outer walls. Those who do enter stand before My Presence. There I speak as I spoke to you this day, each hopeful aspirant standing before My Presence and hearing those words which open the door to the mental and feeling world—"Candidate for the Ascension, what bring ye to this Holy Place?" Then there is externalized from within the lifestream the thoughts and feelings which are the gifts of the consciousness. It is possible within the matter of a moment to design the discipline for the neophyte. Uncomfortable indeed is the externalization of the thoughts and feelings and yet it is the very first initiation through which the hopeful and the brave must pass.

Then he must successfully pass through the disciplines of the seven great Temples. The neophyte first must learn the great surrender—must learn within his heart, soul and spirit to find and desire to cooperate with the Will of God. The neophyte is placed within a cell and allowed to commune there with his own Holy I Am Presence, endeavoring to contact that God-Self and to develop within himself a humility before It. Within this first great Temple, under the direction of the Great Morya and His assistant Chohans, comes the dissolving of rebellion. Rebellion within the lifestream is the feeling which brought every man and woman from a state of grace and constant communion with the God-Self. Rebellion took Lucifer from the Heart of Heaven, and the rebellion against discipline and self-correction is a BARRIER to real spiritual progress. It does not mean one should assume servility to any human self, or submission even to the Will of the Master, but the quality of rebellion that is within the consciousness must be melted away. We have various ways and means of drawing out of the dormant consciousness those qualities and a good number of our candidates remove themselves from the Temple before passing through this first initiation, I regret to say. That is why at this time I have set into motion at inner levels those currents which will bring forth particular melodies to dissolve rebellion

in the feelings, rebellion not only against injustice . . . rebellion against conditions . . . rebellion against limitation. They are all ramifications of the same quality within the feeling world that must go. Let me point out that it does not require "submission" to limitation to substitute for rebellion, but a constant alert awareness setting into action the law which is in your hands to remedy conditions and yet keeping yourself harmonious, peaceful, constructively employed during this process. Thus you are master of your energy.

Those few who pass from the First Temple are taken into the Second Temple, known as the Temple of Learning. Here under the Brothers guarded and guided by Kuthumi, or one of His assistants, they are given the instruction in the Law. Here they develop understanding of the laws of cause and effect and all those laws which you are presently engaged in learning. It is a pleasant and a happy time, a time of the sowing of the seeds, a time of the breathing of life upon those seeds and bringing forth a harvest in works. It is a time when the artist develops his skill; the musician develops the dexterity of musical accomplishment; a time when the teacher becomes eloquent in the capacity to convey knowledge and stir enthusiasms in the students; it is a time when the statesman gains the vision similar to that which has been incorporated in the founding of your beloved United States of America; it is a time when all that is good develops and grows and the enthusiasms of the Brothers and Sisters is tremendous.

From this initiation most pass successfully into the Third Temple under the great protection and guidance of our Beloved Paul, the Venetian. Here again, We come to the discipline of living with our brothers, *of becoming our brother's keeper*. Here the neophytes are placed in living quarters with lifestreams who have within themselves those tendencies which are particularly aggravating to the others. Here again the numbers dwindle and with great feelings of relief, the neophytes rush for the door and leave Us. It is unfortunate, but to live with one's fellowman is one of the greatest tests of the unascended state. Yet, although the graciousness, the beauty, the kindness of this great and mighty Chohan are so great that they would melt a heart of stone, the discipline which He gives in learning tolerance and understanding is such that few survive!

From there we move into the Fourth Temple (My Temple). This is the first personal contact I have with the neophyte since

the entering of the lifestream into the Retreat. It is the time when the neophyte must, for the first time, draw forth enough purity to see His Presence or His Holy Christ Self face to face. It is an initiation when the Master Himself must stand within the aura of the initiate. It is a time when many nefarious presentations from within the inner bodies come to the consciousness of the student—when the "many voices" speak; when only discrimination, prayer, selflessness and humility can discern the Voice of the Silence. It is a time when, if possible, the ego is inflated, when the voices speak of great things the self shall do. It is the time when "self" is shorn of all egotism, subtle and apparent and after passing through this initiation (during which I stand within the aura and pray the prayer of My Heart to God), the lifestream is ready for the consecration.

When the ever-dwindling numbers enter into the Fifth Temple, under the great Hilarion, we come to the beautiful Festival of Consecration. In this Temple We then dedicate the priests and priestesses of the Flame—the Sacred Fire. Up to this point, they are not permitted to attend the Flame, or to officiate on the altar; they are the congregation, they are the supplicants, they are the neophytes with the shaved heads, the linen garments, the bare feet and the hopeful hearts. When they enter Temple Five, having passed through the initiation of joining the Christ Self in humility, selflessness and service, they are ready then to have the garments of consecration, the vestments, placed upon them, the golden sandals on their feet, the silken garments upon their bodies. Then the great Hilarion, or the Beloved Raphael, or one of the Members of Their Court, perform the Service of Consecration. The light is consecrated before it enters into the body. The emotional body is consecrated and it is made visible to the entire assembly. The etheric body is consecrated. The mental body is consecrated and after those inner bodies are so blessed, every one of the senses is consecrated by the presiding Priest and by Myself. It is a magnificent ceremony and it shall one day be woven into your ceremonies of the future before the lifestreams go forth in more than ordinary service. There is given the consecration of the hands through which flow the Flame of Healing . . . the consecration of the feet which become the anchorage of the Sacred Fire wherever that body moves . . . the consecration of the lips to speak the Sacred words which invoke and command the manifestation of precipitation and healing powers . . . the consecration of the energies through the eyes that enable the

lifestream to see perfection and call it forth.

It is a magnificent activity, the details of which I cannot describe at this moment because of the human limitation in the outer world of so-called time.

The Priests and Priestesses then, magnificent in their robes, each one representing the Ray which is the natural activity of the lifestream, are assigned to the Temple worship. Here they serve for shorter or longer periods—some go no further than this initiation. Many of you within this room have remained the Priests and Priestesses of the Sacred Fire during an entire embodiment because, again, when you come into Temple Six, the initiation in selflessness and service is such that many do not choose to incorporate their energies in a mission that might not be successful, and lose the accumulated good which brought them to the Temple worship.

In Temple Six the Brothers become ministering mendicants, leaving Luxor to test their light in the world of form. The beautiful vestments are taken from their shoulders and folded away, also, the silken garments, the magnificent headdress, the jewels of light, the sceptres of power are all removed. Clothed again as a wandering beggar, the ministering beings, under the Devotional Ray, go into the world of form with no credentials and with a vow of silence . . . there is no way to make even the spiritually alert and worthy know of their qualifications except in the expansion of their own light which, through the eyes, the gesture, the radiation and the aura have to render the service of expanding the light and encouraging the Ascension within those they contact.

Here I lost you many times. Many times you went forth to set the world on fire! Many times I saw your receding backs as you walked down the steps, out the door and the sands of the desert claimed you and only too soon thereafter, *the senses!* Yet it is all part of evolution and We are allowed by Law to feel no pain. Yet We can feel added happiness when you return, as here you are today.

Those who do return and have through the ages, bringing back the sheaves of their service in the world of form, are ready to enter into the Seventh Great Temple and in the action of the Violet Fire, every atom and cell of their being becomes a ceremony of externalizing God's Will. They become, each one, like a window through which the God life flows without impure qualification of any kind except to expand the borders of the

Kingdom. Each one is like a fountain which has neither form nor self and in this cloister they remain until the close of the Earth span and the Ascension from My Own Arms and Heart is assured.

I hope you have enjoyed this cursory sketch of Our endeavors, because your life in the world of form is subjecting you to much the same initiations and you can measure yourselves, your successes and your failures without the promptings of a Guru, knowing within the honesty of your own heart wherein you need to develop more light and wherein you are already master. In this way, each man becomes his own teacher and you pass through the Ascension Flame into the perfection of the great Priest or Priestesses of Ceremonial and at the close of your Earth life shall have your Freedom.

Remember, beloved ones, *I Am Embodied Discipline!* For many centuries people have feared that discipline. Yet what is discipline but application of a mechanical law, which changes the quality of your energy and connects you with the source of all good, harmony, supply and with your own Christ Self! Discipline is nothing more than applying the mechanical law of consciously changing the quality of your energy. Get away from the sense of rebellion against discipline. There is, you might say, a discipline in the mechanical world . . . your automobile runs on petrol and if you place water within it you do not have the result you require. Your physical body will give you the greatest possible service if you abide within the laws of harmony, if you restrain yourself from taking into the physical vehicle those certain substances which change its natural vibratory action, disconnect it from the Harmony of the Spheres and in every way make you an unfit conductor for your God Presence.

In the outer world there is discipline . . . even your rugged football heroes abide within the discipline of a good night's sleep, of abstinence from smoke and drink, to make themselves efficacious in this game. Your opera singer, your pianist, every one who rises above the masses and becomes more than ordinary in development, abides within the discipline to train the body and to make the mind alert. Those who do not wish to accept that discipline are the mediocre masses that have not yet the stimulus to wish to be *the best*, to be *the highest*, to be *the greatest expression* and exponent of their art as God incarnate. Do you see? Blessings from the Heart of Luxor.

THE MASTERS OF WISDOM SPEAK

"The Return of the Prodigal Son"

MAHA CHOHAN

Somewhere along life's way, each individual, wearying of its self-chosen sojourn in the world of separateness, responds to the impetus of the Spiritual Self to return to The Father. Greater cause for rejoicing is not known in Heaven. The ascent of the individual consciousness is heralded throughout the Kingdom of Heaven and the Presence of The Father, together with all the members of the Divine Household, rush forward to meet the ascending one and assist such an one to the fulfillment of his individual destiny of Oneness with God in God's Kingdom.

EL MORYA

The will of God is that every self-conscious intelligence who has voluntarily separated itself from the conscious contact with the Divine Presence shall *voluntarily* determine to reunite itself with that Presence. The stirring of the Spirit in a man signifies that the Divine Will is being sensed and the uprising of that Will from within the soul is the motivation which will ultimately accomplish that union, divers though the means of accomplishing such return may be.

KUTHUMI

When a man chooses to return to The Father and reconsecrate himself to serving life as The Father may choose to direct him, that man has come to a point of spiritual maturity. No longer, as a child, is he content to receive the constantly flowing gift of life and to use it carelessly, according to the desires of the personal self. He is determined to learn *why* life has been given to him and *what* is his specific reason for being. Humbly he approaches The Father, the Creator of his individual being, the One who has sustained his identity through the ages and he is eager to "be about the Father's business." Such are the candidates for The Great White Brotherhood. They are those who are chosen by the Silent Watchers of every locality as individuals who warrant the more than ordinary assistance of The Masters to develop their latent virtues, talents and capacities for service on behalf of the progress of the race. The Second Ray provides

for such individuals whose light (not professions of tongue) have signified to the All-Seeing Eye of God that they earnestly desire to cooperate with The Divine Plan, teachers and guides to assist them in their endeavors to walk upon the Spiritual Path toward the HOMELAND and the Presence of The Father.

PAUL, THE VENETIAN

The prodigal son returns to The Father with the members of his own household. These members are his own mental, emotional, etheric and physical bodies which have accompanied him into the "far land" of error. His efficacy and general service to The Father will be determined by the development, mastery, purity and general God-control which he has achieved through these various instruments of creation which form his "household." Wise is the returning son who takes stock of the household which he brings to the Presence of God for consecrated service, that he may offer a well disciplined and obedient set of vehicles to the service of The Father and The Brotherhood which is His Instrument of externalizing the Divine Will.

SERAPIS BEY

Centuries of experimentation with the use of life have builded into the vehicles of men momentums of strength as well as momentums of indulgence and weakness. The soul, spurred on by the awakening spiritual self (I AM Consciousness) chooses to reunite with the full Presence of God. The bodies through which the soul must work its way upward are not always of the same opinion and the individual "armageddon" lies in the struggle for supremacy among the "many selves." The wise individual withdraws his consciousness from the bodies which were designed and created to be his instruments of creation but not his Master. He centers himself again within the Immortal Flame of Truth and Life—the I AM consciousness—within the heart. From this "secret place of the Most High," he consecrates and dedicates his thought world, his feeling world, his etheric world (wherein the memories of

both good and evil lie submerged) and his physical body to the Will of God. Then, holding fast to his determination to have these vehicles serve *that will*, such an one allows his own vehicles "no quarter" so far as independent, discordant and in-harmonious qualification of primal life is concerned.

HILARION

The Spirit in man weakens rapidly in these hours when the Cosmic Currents that incubate Divinity press upon the Flame of God hidden within the pressures of the soul. Once awakened, the Spirit—through the soul—seeks its rightful dominion and the expansion of Its Presence is accelerated by the loving adoration of the personal self to this Indwelling Christ. When the individual has determined to return to The Father, let him abstain from the sense of struggle against evil and invest his energies rather in loosing the Presence of God from within. This Presence, ascending the throne of authority, will govern through the outer self in dignity, harmony and wisdom, when invited and encouraged to so act.

JESUS

The Presence of God—"I AM"—*alive* through the conscious self manifesting dominion over all appearances is the fulfillment of The Spiritual Law. Freedom, through liberation of consciousness into the Higher Realms, which the people of the East have chosen as the aim and goal of spiritual supremacy, is not enough. Freedom, through the liberation of the God Nature into the physical appearance world, the subtle mental realms, the etheric realms and the realms of feeling, is the Divine Will for man who aspires to Christhood. The Presence of God is alive, active and functioning at all times in those Spheres of Consciousness to which many have attained, but to manifest the supremacy and all power of that Presence in the realm where *you abide* is the service to which all are called but to which so few answer.

SAINT GERMAIN

"I will arise and go to my Father." When the individual has determined within himself to consciously return to and abide within the Aura, Presence and Consciousness of The Father of Light, he must dis-associate himself from the vehicles

through which his Godhood must needs express. As the mother eagle, pushing the timid fledgling from the nest, spreads her great wings beneath him to protect his halting and spasmodic endeavors from the disaster of possible panic and destruction, so does the consciousness centered within the I Am Presence uphold and direct the vehicles (bodies) that soar and dive, turning them ever upward toward the sky. Again and again as one or another of the bodies plummets Earthward drawn by the gravity pull of its own tendencies and momentums, the consciousness of the individual must halt its downward flight and kindly but firmly command of that particular body—"Come, we will arise again and go unto the Father."

When the student finds his mental body entertaining impure, imperfect thoughts, he must consciously command the mental body to *arise* and enter the consciousness of the Father which does not allow negative, imperfect patterns of thinking. When the student finds his feeling world generating and radiating disturbed, inharmonious feelings, he must consciously command the feeling body to *arise* and enter the consciousness of the Father which radiates only harmonious, peaceful, happy, constructive feelings. When the student finds his etheric body conjuring up out of the past memories of unhappiness and distress, he must consciously command the etheric body to *arise* and enter that consciousness of The Father wherein it may mirror and express the "Glory which each man had in the beginning before the world was." When the student finds his physical body registering disease and distress, passion, lust or discord of any kind, he must consciously command the physical body to *arise* and enter the consciousness of the transfiguration of flesh into light in the Presence of The Father.

Gradually the vehicles are trained, as the wise parents train the children entrusted to their care. Impersonally, but determinedly, the I Am Self picks up the particular body which, from time to time, forgets the resolution and fiat of the Self to *arise* and *remain* with the Father. Again and again the individual must patiently say, "Come—let us arise and go to The Father." Gradually the happiness, peace, power and perfection of The Father's Presence will be so engrained into the members of the household that none shall find any enticement for straying, even momentarily, into the inharmonies of the appearance world. *This is the process of Ascension.*

MONTHLY LETTER TO TRANSMISSION CLASS

BELOVED CANDIDATES FOR THE ASCENSION: October 1, 1954

Do you know what a great honor it is to be considered before Life as a "Candidate for the Ascension"? It means, in essence, that you have within your own consciousness the capacity to redeem, transmute and purify a sufficient percentage of the energies used by your lifestream through the ages to warrent your receiving eternal freedom from the wheel of rebirth and the necessity of reembodiment upon the Earthplane.

Those individuals whose spiritual development and capacities signify to life that they *may* (not necessarily will) utilize the opportunities which will be afforded them toward "making things right," come under the protection, guidance and care of The Brotherhood at Luxor, whose Great Hierarch is known as the Chohan of the Fourth Ray, Serapis Bey.

As the attention of The Great White Brotherhood and mankind is turned toward the Ascension Temple at Luxor, you are invited to ask for the particular assistance of some Member of This Brotherhood who, during the thirty-day period while the Retreat is Host to mankind, will help you, individually, to set into motion that particular application which will assist you toward your individual ascension in consciousness from despair to peace, from impurity to purity, from discontent to happiness, from disease to health, from limitation to infinite ever-present supply. Bridging the abyss of separateness from the ever-present goodness of God is the process of ascension. Bringing harmony into your homes, peace into your minds, supply into your worlds, health into your bodies, is the transforming of the energies of your personal worlds into the Kingdom of Heaven. Those of you who wish to tune into the Ascension Temple at Luxor will enjoy "ascending" the conditions of your life into the perfection of God's Kingdom and making practical in manifest ways the spiritual truths you have long mentally enjoyed.

The Flame from the heart of the Ascension Temple is pure white. Feel It and accept It as your individual WAY BACK HOME. Remember, always, you do not make the return journey into a state of grace, peace, harmony, health and general perfection all in one instant. It is the hourly, daily living that builds the consciousness of the Ascension and the final culmination that releases the freed spirit is motivated by the secret and silent applications of the years.

Love and Blessings,

MAHA CHOHAN

GROUP MATERIAL FOR TRANSMISSION CLASSES

BLESSED FRIEND OF HEAVEN:

October 1, 1954

God bless you! God bless you! God bless you! Do you know just how powerful those three words can be? Have you ever experimented with them for just one full day—saying nothing else but "God bless you" to everyone and everything you meet? Try it! People will not think you nearly so funny or queer as you may think. More people's hearts are craving the blessings of God than appears on the surface. One of the Ascended Ones said long ago that that statement, consciously and consistently used with the full understanding of what it meant, would life the speaker of those words eventually into his Ascension in the Light. Use it more and more—but use it thoughtfully and deliberately—MEANING every word—knowing that in the Wisdom of the Great and Loving Father, just the perfect thing will be done to bless your friend—the thing he or she needs most at that moment.

We are today the result of our use of energy in the past. Our attention determines the use of our energy—whether that attention be on constructive or destructive things—God or human appearances. Worry, fear, "hurt" feelings, injured pride, anger, resentment—these are the heavy rates of vibration that lower not only the inner bodies but also the coarser atoms of the physical flesh and, if persisted in long enough, open the body to germs and disease. Now the God-qualities—just the opposite of these, such as gratitude, happiness, kindness, loving feelings, the desire to bless, these actually raise the physical vibrations of the flesh structure and consistently abided in, will keep the body healthy, young and lovely.

For this next 30-day period, let all of us in the family of "The Bridge," consciously set about to deliberately use the words "God bless you" as often as possible every day and then, silently, within ourselves let us add the words "with the victory of your Ascension as soon as possible." This would be a TREMENDOUS raising power within each one who said it and all who received it, even though their outer minds did not hear ALL the words. It will help to keep you happy and the world in which we live needs that help so much.

The color of the Flame for this Transmission is white, the musical composition which draws the power of that Ascension Flame in through and around us is "Liebestraum" by Franz Liszt (inspired by beloved Serapis) and the statement to be

used for this lovely opportunity to serve life—the Transmission Class is

1 "I AM" 2 inbreathing 3 th' raising 4 love 5 of th' Ascension 6 Flame 7 from belov'd 8 Luxor

God—your own beloved "I AM" Presence right in your beating heart, bless you now and all ways with the fullness of all His love holds in store for you, the beloved of His Great Heart. Victoriously in the Light "I AM"

Your sincere and eternal friend of Light,

FRANCES K. EKEY

NOTICE

This Transmission Material, formerly distributed to Sanctuary Directors and Group leaders only, has been included in the monthly copy of THE BRIDGE TO FREEDOM at the request of the Beloved Maha Chohan. Because of the growing interest of the students and their earnest desire to participate in this Activity, it was thought to make the instructions available to ALL the gentle readers of The Bridge, not only those fortunate enough to have access to a Sanctuary or active group endeavor. It is pointed out that the tuning into the Active Retreat may well become a *daily* practice of the alert, rather than a *monthly* endeavor only. Each student, having a full knowledge of the mechanics behind this endeavor, becomes a greater strength in the cooperative service through the group activity. The greater the proficiency of the illumined unit the greater the efficacy of the cooperative whole. For the same reason, the Transmission Flame Manual and History have been made available to ALL interested students. It is not the desire of the Masters to hold knowledge for the few, but rather by sharing it with all, develop both the individual and cooperative endeavors of mankind in active, intelligent partnership with The Great White Brotherhood. THOMAS PRINTZ, editor

SUGGESTED DECREES

For Transmission Flame period, 9/15/54 to 10/14/54

October 1, 1954

Beloved Ascension Flame from the heart of Luxor anchored in my heart! I LOVE YOU! I LOVE YOU! I LOVE YOU! Arise! Expand Thou through me and take your full dominion in me and my world right now! Command and compel my body, mind and world into perfect Divine Order through Di-

vine Love and hold it there forever. RAISE ME! RAISE ME! RAISE ME! out of everything human into all that is Divine, fulfilling God's Great Divine Plan through me all ways—today and forever!

Beloved Presence of God "I AM" in me, O! Thou beloved Three-fold Flame of Eternal Truth within my heart, Holy Christ Selves of all mankind, Beloved Saint Germain and Jesus and all Great Beings and Powers and Legions of Light, Angels and activities of the Sacred Fire, in the Name of the Presence of God which "I AM" and through the magnetic power of the Sacred Fire vested in me, I decree—

Let the powers of the Ascension Flame release through me today
Let those powers now control all I do, think, feel or say
Let those powers go before—make clear and straight my way

Belov'd "I AM!" (3)
By Serapis' hand! (3)
By Jesus love! (3)
From God above! (3)
By Luxor's power! (3)
Doubled each hour! (3)
And bring God's peace! (3)
Heavenly release! (3)
Heal all today! (3)
It is God's way! (3)
It now frees all! (3)
It answers call! (3)
Show life it's goal! (3)
Now raise the soul! (3)
By Mercy's Ray! (3)
I command it done today!
I command it done to stay!
I command it done God's way!
Belov'd "I AM!" (3)

(Please repeat above 3 lines before each ending)

THE GURU AND THE CHELA

By the Ascended Master Kuthumi

CHELA—Beloved Master: To create an interest in the current endeavors of The Masters is my desire. How best may I do this?

GURU—Blessed chela: Thank you for desiring to awaken an interest in Our endeavors. It is gratifying indeed to have members of the human race even accept Us intellectually.

When they desire to further Our interests, We are pleased indeed. My answer is *BY EXAMPLE* shall you become of value to Our Cause.

CHELA—Beloved Master: Please explain what You mean in the phrase *BY EXAMPLE*.

GURU—Blessed chela: The world is old. Millions of years has it proceeded, together with the other planets, in its rhythmic circling of the sun. In all these years, many, many words have been spoken and written. Some words have entered deeply into the consciousness of men, but these words were spoken or written by those *whose individual lives manifested the truth within those words*. The Master Jesus is such an *EXAMPLE* of manifest works which accompanied His magnificent explanations of the Spiritual Law.

CHELA—Beloved Master: How may those of us who do desire to be such an *EXAMPLE* in Your Names achieve our purpose?

GURU—Blessed chela: The desire to be such an *EXAMPLE* is the motivation which will manifest the truth through your consciousness. The acceptance of the responsibility of giving forth The Law brings the personal obligation to the teacher of becoming the embodied proof of that Law. The acceptance of the tenets of the Law anchors the responsibility to become the embodied proof of that Law into the world of the student. Those who teach and those who learn should be counseled that each portion of the Law which enters the consciousness should be accepted in humility and nourished in love. The appetite for more "knowledge" before the already received knowledge is assimilated brings an obligatory karma to the soul. One simple expression of The Law—*LOVE ONE ANOTHER EVEN AS I HAVE LOVED YOU*—would suffice to bring the individual consciousness to the Ascension, if this were applied through the personal self.

CHELA—Beloved Master: Would you then suggest we refrain from endeavoring to spread "The Word" until we are Masters of energy and vibration?

GURU—Blessed chela: No, because as you learn and apply the Law yourself, your invested energies may plant seeds into a consciousness which will far surpass your own capacity to embody and externalize truth. Thus you become a "conduc-

tor" according to your own light. However, in all your casting of the spiritual seed forth, neglect not the truth that The Law must be embodied in your own nature.

CHELA—Beloved Master: The *EXAMPLE* of which you speak—should it be as nearly like You as our consciousness can conceive possible?

GURU—Blessed chela: Any Ascended Master becomes a pattern for Your own thoughts, feelings, spoken words and actions. The majority of the human race in this Western world are most familiar with the Beloved Master Jesus. His *EXAMPLE* and pattern of living has formed the design and measure for many sincere lifestreams who have chosen to embody truth. The imitation of the Christ has transmuted the base in many men and is recommended as the simplest of spiritual exercises for development of the Divinity.

CHELA—Beloved Master: To measure every thought, feeling, spoken word, and action by the living Presence of Jesus, then, is Your recommendation for becoming the *EXAMPLE* which will lead others to interest in Your Brotherhood?

GURU—Blessed chela: The old and timeworn phrase "actions speak louder than words" holds true for the exponent of Spiritual Law. Where a man or woman is found who is anchored in personal peace, harmony, health, supply, and spiritual tranquillity, mankind—like moths around a flame—with gather for the *key* to the mystery of happiness in this world of distress.

CHELA—Beloved Master: True Divine Love, then, requires that we transform and change our personal natures in order to attract the attention of mankind and open them to inquiry as to Your Service.

GURU—Blessed chela: Such love is the proof of the professed fidelity of the soul. Upon these few in every age we rely to reach the masses.

MEDITATIONS

The God Consciousness of my true identity is "I AM." I am at last *at one with that consciousness* and "I am" free!

I turn my face unto the Sun of my being and behold my Father-Mother God smiling at me in shadowless LIGHT.

Within the shadowless Light of my God Self, no sickness, disease, doubt, fear or grief can abide. "I AM" That Light, and "I AM" free.

Address by BELOVED SAINT GERMAIN

(Continued from page 2)

same time my knees bent in gratitude to God for sustaining our course westward in the face of almost unsurmountable odds.

So shall it be in your experience and in that of others who have touched the fringe of a vision of a God-free people, where disease, death, decay and dissolution are no longer the heritage of the human bodies of men. *This vision seems as fantastic now as a globular world was to the people of the fifteenth century, but nevertheless as surely a predictable fact in the future.*

You believed Me then. Some of you sailed with me across those uncharted seas. You shared in my despair and you shared in my victory. You, were within the circle, who examined with me each night the length and course of our daily journey set down in that private log I carried and wherein I wrote, My knowledge of the sea we had traversed, although we kept another log for the sailors lest, in fright at knowing how far we had come from My calculated goal, they would refuse to continue on—and on—and on.

In the hold of the ship, in a small cabin we sat, the night the compass "failed," we not knowing that as we turned and sailed due West instead of North, the polar star would affect the needle. In looking at it that night we felt that our last hope was gone and yet when we faced the men next day we could not tell them that we were no longer northward bound lest they become more discouraged than they already were. Remember you, that hour? I shall never forget it through all eternity and yet, despite that seemingly small irreconcilable "defect," we did find land!

You were among my friends. You saw San Salvador! You saw Cuba! You shared My personal agony and you shared with Me the joy I felt at the hot sand firm beneath our feet, the paradise of the good steady Earth after the roll of the sea, the restful green of grass and shrub after the grey, billowy waters of the wide Atlantic!

These are the things that burn deep into the spirit of love. They are ties of friendship that make the association of Heaven a sweet and cherished comradeship that extends all through the ages yet unborn. They are links of love written upon the sands of time.

In the days of Atlantis, a mystical Order known as the Priests of Zadkiel was established on the present island of Cuba. A great Temple in the centre of the island was presided over by that great Archangel Zadkiel and seven lesser Temples were scattered across the surface of the land. Here the purple-robed priests of Invoca-

tion wielded the power of the Violet Flame and Ray. I was among them and so were many of the friends of Freedom.

At inner levels, after the sinking of Atlantis, the Temples of Zadkiel continued to train initiates in the power of divine alchemy, where I studied and prepared, between embodiments, to comprehend the activities of the Sacred Fire. Finally I qualified sufficiently to be offered the guardianship of the Violet Flame and the office of Chohan of the Seventh Ray.

Here you and others who responded to the ceremonial activities of the Seventh Ray, perfected a momentum in the use of the Sacred Violet Fire. It is regrettable that you have not drawn into your outer consciousness with sufficient intensity the remembrance of this activity so you could now perform the so-called miracles of transmutation that came easy to you then.

If you will be conscious of the deep purple robe with the Maltese Cross down the back, which is the Vestment of the Priests and Priestesses of Zadkiel, it will help to revivify the feeling which you knew and experienced in the physical world during the height of the Atlantean culture.

The Master Morya has made request to the Archangel Zadkiel to bring to your conscious remembrance again the power within that Sacred Fire which you once understood and practiced and I am hoping that in the near future that Great One will grace you with His Presence and instruction.

It gives Me a sense of security to know that My work is again in the hands of those who have shared and cooperated with My vision for centuries in the safe compass of the heart's love, who proved their friendship in the world of form, while yet I was filled with the errors that are the mass heritage of the human consciousness. It makes Me happy that through that misted consciousness in which you still function, you are kind enough to perceive Truth and give Me an opportunity to share with you eternal Truth.

When lifestreams believe and have faith in the vision of another, they form a mighty pillar of sustained energy to hold the consciousness that bears the vision high. That feeling of trusted and trustful friends was the victory of Jesus, Morya, Kuthumi and Myself and every One of Us Who finally stepped over the threshold into Freedom. Life and love do not forget and We Who live beyond the veil do not forget fidelity and constancy.

Rest in the arms of the Archangel Zadkiel. Feel the protecting aura of His cloak. Accept the purifying fire that flows through you and allow My Presence to do for you what your friendship in the ages past has done for Me.

SAINT GERMAIN

GOD BLESS YOU!

“DIE SIEBENTE STRAHL”

It is our great joy and privilege to announce the publication of “The Seventh Ray” (“Die Siebente Strahl”) in the German language. This is the first of the series to have been translated, printed and prepared for distribution in accordance with the loving Wishes of our Beloved Master El Morya Who desires that all men shall have the right, privilege and opportunity of reading the WORDS of the MASTERS in their own language. Thus all people can be acquainted with the current activities of The Great White Brotherhood and can contribute their own energies to furthering the Cause for which this Brotherhood serves—FREEDOM from limitation, sickness, disease, unhappiness and death.

To our beloved friends, the lovely ladies in Switzerland, who have assumed all the expenses in connection with this compilation, translation and printing, we do extend our deepest gratitude. We call the blessings of all the Masters (Who so eagerly await OPPORTUNITY through conscious chelas to spread Their Words) to fill their worlds with Their limitless gifts of light and love. For the hours, weeks and months of preparation, for the beautiful presentation and most of all for the WILL TO DO, we are grateful. God bless you all!

THE MANAGEMENT

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